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January 15, 2014



Food For Thought



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Could *your* healthcare facility benefit from this?

Every healthcare facility can benefit from Revenue Enhancement!

Clint Maun, CSP has **two new programs** *custom-designed* to help you enhance your **revenue streams** and deliver increased customer satisfaction, smoother operations and sustainable, long-term market viability, especially given the forthcoming changes resulting from the recent healthcare reform!

These exciting new programs bring a wealth of proven-solutions to bear on improving your facility's revenue, so you can invest in other important aspects of your business, such as staff rewards & retention, site/technology improvements, partnership integration projects and more!



The Continuum of Care Dating Game: Moving the Relationship from Courtship to Engagement

*The healthcare delivery system will, and has, become a **bundled set of partnerships**. What does your post acute organization need to do for profitability and successful business growth? This program offers immediate techniques for enhancing and leveraging your hospital relationship to help you deliver better care, as well as optimize your revenue potential, for you **and** your partners.*

Blueprint for Growing Revenue When Healthcare Funding is Going Down the Drain

*Do you have progressive strategies, dedicated team effort, partnerships and goals for keeping and building your revenue stream? There are winning tactics and techniques that will generate revenue **growth** - not just sustainability. Learn **proven** and **specific** action steps your team can develop and implement immediately to grow your revenue!*

**Let Clint Maun show your organization how to
Increase Revenue Now while Preparing for Tomorrow!**

**Review Clint Maun's Biography and References at <http://www.maunlemke.com>
or call Kathy Cain at 800.356.2233 for more information**



**Book multiple speakers for a \$\$\$ discount.
Ask us how!**

The Perks of Peppermint!

In this month's Food for Thought, we are literally focusing on just that—a food (or plant to be more exact) that can offer several health benefits.

In the winter months, peppermint-flavored foods and drinks are seemingly everywhere. And there's good reason to consume some of these delicious delicacies. Peppermint is considered a stomach healer that can assist with irritable bowel syndrome, nausea, stomach aches, diarrhea or constipation. And that's not all. The aroma of peppermint has been shown to enhance memory and increase alertness.

Researchers believe that the menthol in peppermint leaves can "awake the senses" when breathed in (aromatherapy). When consumed, peppermint can relax muscles and also calm the stomach. To fully leverage the health benefits of this herbal remedy, aim to consume it in its most natural form (sorry, but having a peppermint candy cane isn't your best option!) Place a few peppermint leaves in your water or enjoy a cup of peppermint tea.

*"Your body hears everything your mind says."
—Naomi Judd*

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